

Questions to Ask Your Doctor During Pregnancy

Congratulations on your pregnancy! When you become pregnant, you may have so many questions that you won't know where to begin once you're sitting face to face with your doctor. Use this list of questions as a starting point to getting the answers you need to have a healthy pregnancy.

How is my due date determined?

Is there a prenatal vitamin you recommend? Why do I need it?

Am I at risk for any problems during my pregnancy?

How do I know that the symptoms I'm having are normal? When should I see a doctor?

How often will I see a doctor during pregnancy?

What is the normal amount of weight to gain during pregnancy?

What can I do to ease morning sickness? How long will it last?

What are your recommendations for diet and exercise?

What should I avoid as far as foods, medicines, activities or environmental factors?

Is it safe to have sex during pregnancy?

When can I have an ultrasound?

What screenings and tests will be available to me?



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